

Key Roles & Responsibilities of a Medic

THE ROLE

Medics have a dual role on Ellen MacArthur Cancer Trust trips, acting either as a **Mate / Outdoor Adventure Group Lead** or a **Crew Leader / Outdoor Adventure Volunteer** as well as the medic.

You will provide medical advice and support during trips - collecting and supervising the taking of medications, assisting with first aid and being vigilant to warning signs of certain conditions.

Our medics are doctors, nurses, or paramedics with a valid GMC, NMC or HCPC registration number.

RESPONSIBILITIES & DUTIES

Dual Role

- You will act as a **Mate** or **Crew Leader** on sailing trips (depending on sailing experience) or as an **Outdoor Adventure Volunteer** on inland residential trips. (See these role descriptions for more details).

Medication

- Collect and securely store medications when young people arrive on the trip.
- Supervise and monitor medication, ensuring medicines are taken as prescribed.
- Ensure boat / group teams without a medic understand the medication routine for young people on their boat / in their group.

Advice and support

- Receive medical briefings on all young people to provide advice and support throughout the trip.
- Advise and support the Skippers / Outdoor Adventure Leads in event of medical emergencies.

First Aid

- Assist with first aid if required.

PLEASE NOTE: The full role of a medic is set out in our **Safe Medicines Management and Administration** document [here](#).

