

# Your trip kit list

## What you need to bring

- Wash kit/toiletries
- Towel
- Trousers/shorts
- Sweatshirts/hoodies/fleeces & layers (for warmth)
- T-shirts
- Underwear and socks
- 2 x pairs of suitable shoes (1 x old trainers/wetsuit boots you don't mind getting wet, 1 x practical shoes to wear on shore)
- Nightwear
- Sunglasses
- 2 waterproof bags (e.g. bin bags, to take home any damp clothing)
- Sleeping bag (we can provide if needed, let us know!)
- Pillow
- Flips flops or sandals/sliders (for the shower)
- Waterproof jacket/coat
- Woolly hat and gloves (depending on the weather!)
- Packed lunch and bottle of water/drink for the journey



**Get excited for your trip!**

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