

# Lateral Flow Testing before your trip

## What you need to know



Keeping everyone safe is our biggest priority this summer.

To make sure all our trips are as COVID-secure as possible, everyone taking part will take a pre-trip lateral flow test the day before the start of the trip, and submit proof of a negative result to the Trust team. This includes every young person, skipper, volunteer, travel volunteer and staff member who will come in to contact with the trip. These tests are a part of our overall COVID safety strategy, which also includes regular sanitising, social distancing, and ventilation.

If you don't provide proof of a negative test result, or don't want to take the test/send the results, you will no longer be able to join the trip.

### What you need to do before the start of your trip

- 1) Enclosed is a lateral flow testing kit and instructions. Please check you have all parts of the test needed. If there are any missing parts or any issues please contact the Trust team ASAP.
- 2) You should take this test the day before your trip starts (no more than 24 hours prior).
- 3) Send photographic proof of your negative test result to [testing@emcancertrust.org](mailto:testing@emcancertrust.org), with your/your child's full name, trip start date and date of birth, by no later than 5pm the day before the trip. We must have received your test result before you arrive at the travel pick-up point, or the activity site if you are traveling there directly.
- 4) If your test result is positive, unfortunately you will not be able to come on the trip. This is in line with our Covid Plan to keep everyone as safe as possible. In this instance, please email us on [testing@emcancertrust.org](mailto:testing@emcancertrust.org), we will do our best to find an alternative trip if possible.
- 5) Please do not come on the trip if you have:
  - A high temperature, a new, continuous cough, a loss or change to your sense of smell or taste, diarrhoea or feeling or being sick.
  - A high temperature or any of the other symptoms.
  - You do not feel well enough to go to school/work or do your normal activities.
- 6) Depending on where the Trust is operating within its Covid Plan\*, you may be required to take a mid-week test during your trip. These tests will be supplied and the Trust Lead/Skipper is responsible for overseeing this, they will explain what to do at the start of the trip if this is necessary. If there is a positive result during the trip the 'isolating protocol for young people, staff and volunteers' must be followed.

\* A link to view our Covid Plan can be found in your Trip Information email.

### Keeping your records safe

Information and documents will be held and processed in line with GDPR. All test results for each trip will be recorded on a lateral flow test log sheet. Results will be kept on the Trust's secure server for three months after your trip. At the end of every trip, any paper copies of the form(s) will be shredded, and the testing email inbox cleared.

If you have any questions, please contact [gosailing@emcancertrust.org](mailto:gosailing@emcancertrust.org)

**We can't wait to see you soon!**

