



ellen
macarthur
cancer trust



FRIENDS of the Trust

inspiring young people to
believe in a **brighter future**

When treatment ends our work begins...

For many young people, picking up from where they left off before their diagnosis just isn't possible. The Ellen MacArthur Cancer Trust inspires young people aged 8-24 to believe in a brighter future living through and beyond cancer.

Why you're needed

Every year in the UK, around 1,900 children (0-14) and 2,500 young people (15-24) are diagnosed with cancer – around 12 a day (CRUK, 2021). Young people remain vulnerable after treatment as it comes at a time of rapid physical, emotional and social development.

Who we support

- Young people, who have had cancer, from across the UK – there is no cut off to when they can apply after treatment, if they were diagnosed before turning 25 and are 8 by their first trip.
- Thanks to our partnership with Teenage Cancer Trust and Young Lives vs Cancer, we can reach, engage and support more young people.
- We work with 47 hospital groups and charity partners and co-founded the Children and Young People Cancer Coalition.
- Young people the Trust supports can become volunteers once they are 18 – these volunteers symbolise a brighter future and inspire those more recently off treatment.
- Brothers and sisters can be significantly impacted by a siblings' illness. So, we also run an adventure week for siblings of young people the Trust has supported.



"The Trust has been an absolute sense of freedom from day one. It changed my life. It brought a light over everything that had happened. You don't want to go home."

Holly

Cancer in young people leads to...



Poor mental health and emotional wellbeing



Ongoing late physical effects



Body image issues



Lower educational achievement

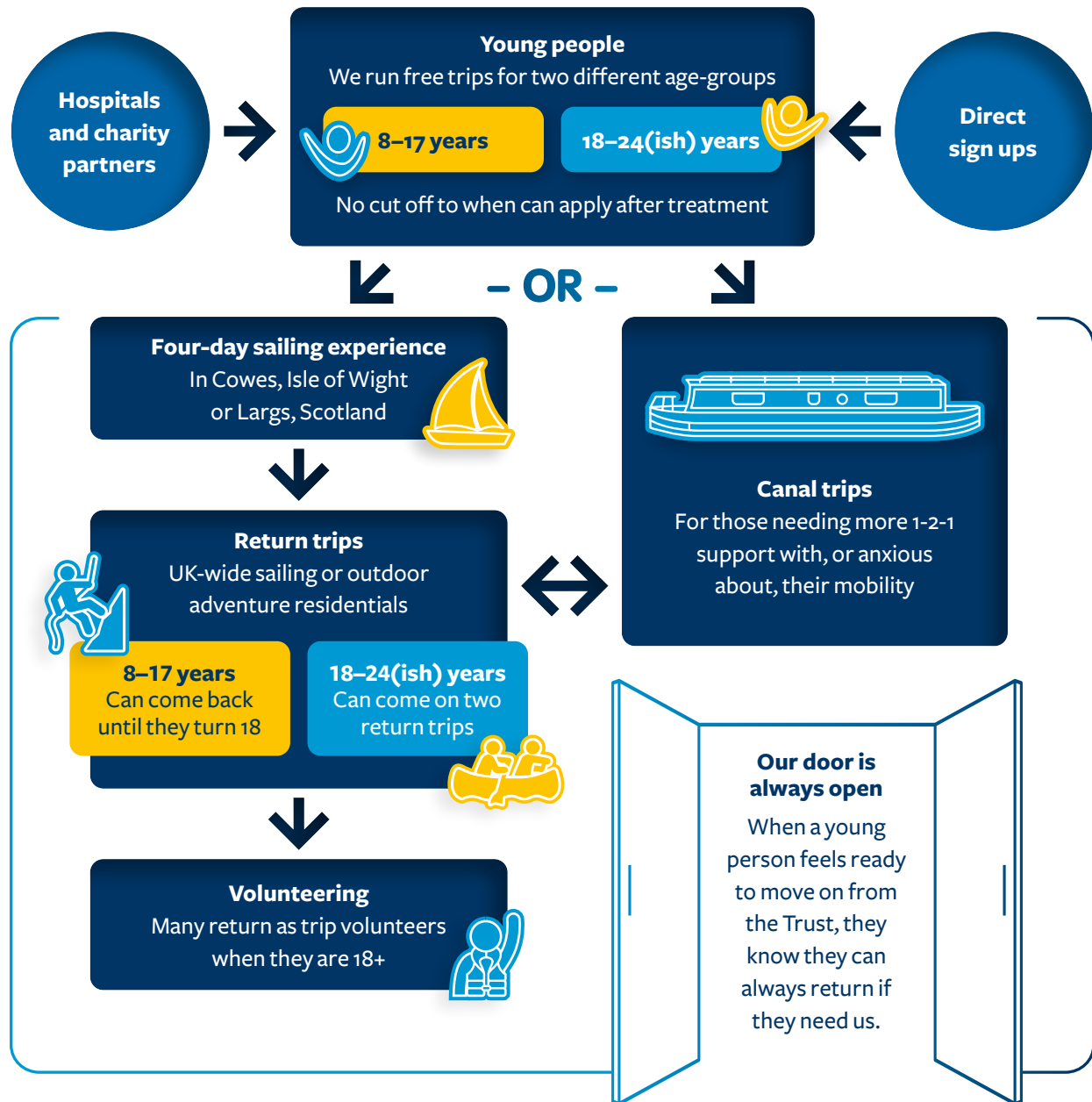


Barriers to getting a job



Relationship difficulties

This is the magic YOU make happen



"None of my friends have had cancer like me, so making new friends that have had it helped me grow and want to come back and try new things.

"It worries me thinking the leukaemia I had is going to come back. But going on these trips helps because I know everyone else has had cancer as well.

"The skills I've learned, I never knew I could learn. I didn't know I could push myself that far. I know we can do anything."

Daniel

Because of the Trust, young people feel...



Accepted

They meet and make friends with others who have had similar experiences – often for the first time – and stop feeling like ‘the only one’.



Independent

They rediscover independence away from home and outside of their ‘cancer bubble’, and begin to realise what they are capable of again, physically, mentally, and socially.



Optimistic

They experience an increased sense of purpose and self-worth and can start to take the next steps towards re-establishing their place in the world.

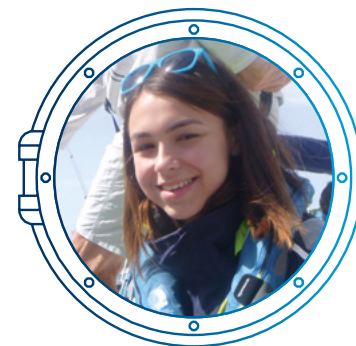
which leads to...



Improved
mental
wellbeing



Belief in
a brighter
future



“People say, ‘You’ve got cancer, let’s get you physically better’, but they neglect the mental health side. The Trust is almost solely focused on rehabilitating the mental side and connecting people. It’s literally been life changing.”

Isla



That’s what **FRIENDS** are for

Many young people need support over time. As a Friend of the Trust, you make it possible for young people to stay with us for as long as they need that support.



Thanks to your ongoing generosity, more young people are inspired to **believe in a brighter future.**

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